

HLTAID003 – PROVIDE FIRST AID

(Full Day Course – includes CPR)

We consistently deliver this course in places like Brisbane, Logan, Gold Coast, Redlands, Browns Plains

- \$120.00 / person - (Public courses delivered @ SPRINGWOOD)



Alibi Training Head Office / Training Facility
8 Dennis Road, Springwood QLD 4123
Phone: 0423 597 744

We provide one (1) day First Aid Training Courses (HLTAID003 Perform First Aid) where you will learn to recognise signs, symptoms and learn the appropriate actions to qualify as a workplace First Aider or Senior First Aid Officer in an interactive, simple, and fun environment. I will introduce you to the standard methods of First Aid treatment with a bonus. You will discover, my style of first aid training is to teach **WHY** we perform an action instead of just **HOW**. Our style of training will provide you with confidence through having understanding rather than just knowing how to perform an action. It will allow you think outside-the-box!

You will Discover What You Need to Know to apply First Aid & CPR, so that you are confident in any situation!



Public Course Locations & Cost:

Our public CPR Courses take place throughout the year in Brisbane, Gold Coast and Logan. Most courses are scheduled for delivery at **Alibi Training Head Office – 8 Dennis Road, Springwood QLD 4123**

- \$120.00 / person for Public Course delivered at SPRINGWOOD.
- **Day, Evening & Weekend Classes Available (See our Training Schedule / Book Online)**

How to enrol:

There are two (2) simple methods to enrol with Alibi Training:

- Book & Pay via the website using the online calendar.
- Phone Alibi Training on 0423 597 744

Additional information is available by downloading the following documents from our website or phoning 0423 597744.:

1. Students Handbook
2. Course Information
3. Cancellation and Fee Refund Policy
4. Appeals Procedure

Course Suitability:

This unit describes the skills and knowledge required to provide a first aid response to a casualty. This unit of competency (HLTAID003) applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

*Specific licensing /regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities. This 'Unit of Competency' is **NATIONALLY RECOGNISED**.*

This unit of competency describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines.

IMPORTANT INFORMATION:

As of November 2015, to successfully complete this unit of competency, the following performance evidence is mandatory:

1. **the candidate must perform at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor.**
2. **the candidate must perform at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface.**

Entry Requirements:

There are no entry requirements for this qualification; however, it is recommended that students have enough Language, Literacy & Numeracy (LLN) skills to successfully complete the required theory & practical assessment process.

This program has the following foundation skills identified:

- Oral Communication – to make an accurate verbal report to supervisor and emergency services.

Public Course Duration:

Alibi Training Australia (ATA) decisions about the duration of the delivery of each 'Unit of Competency' take into account the candidate's likelihood of successfully achieving the learning outcomes and ensures that the integrity of the qualification outcomes is maintained. ATA recognises that time-based approaches are imperfect measures of the quality of learning; however, there is evidence that the amount of time spent on a course can provide an indication of the quality of the course. National Centre for Vocational Education Research (NCVER), has Nationally Recognised nominal hours for 'Units of Competencies', ATA regularly advertises and delivers courses within less hours, based on the following:

- Although breaks are scheduled into the training, when they are taken, and the length is dependent on the clients attending the course.

- Many candidates must update CPR annually (Industry Requirements) and therefore only require refresher training, additionally in accordance with Australian Resuscitation guidelines First Aid qualifications should be re-certified every 3 years, therefore refresher training is required.
- Alibi Training has enough training resources for all candidates to deliver performance evidence without sharing training resources.
- Our purpose-built training rooms offer natural lighting, air-conditioning and comfortable seating, creating an optimum learning environment.
- Alibi Training limits the number of class sizes to ensure individual candidates receive the expected training and achieve learning outcomes.

Course Content:

- Assessing the scene of an incident
- Conducting primary assessment of the casualty
- Providing basic life support (CPR) for adult, child, and infant
- Management of external and internal bleeding
- Management of shock & wounds
- Management of environmental conditions, thermal burns, and other burns
- Management of poisons, bites, and stings
- Management of medical emergencies
- Management of sprains, strains, dislocations, and fractures

And that is just the beginning, all our First Aid training courses includes the two-hour CPR training and unlike other training providers, we limited the number of students for each class which means plenty of hands-on practice and personalised attention.

On-Site Training:

Tell us your location and the number of participants, and we will provide you with a written quote to deliver this course in-house.

- For on-site training minimum numbers / cost apply
- Cost provided is inclusive of all resources / materials and GST.
- All conference facilities, equipment, travel, food, and accommodation are the financial responsibility of the client.
- Course start and finish times are flexible for in-house training – **just ask!**

Assessment Method & Award Issued:

Participants who satisfactory demonstrate competency in both our theory and practical assessments will receive a **Statement of Attainment – ‘Provide First Aid – Unit Code HLTAID003’**, that is **normally valid for three (3) years** in line with ARC guidelines. This course relates to the Health Training Package.



About Us:



Alibi Training Australia are recognised training specialists for businesses needing professional employee development training. Unlike other training organisations Alibi Training provides focused delivery methods combined with progressive assessment and practical interaction, reducing the amount of time your staff is away from their roles.

Hi, my name is Paul Milne, as director and owner of Alibi Training Australia, I recognise and understand the power of motivated and well-trained staff to a business, and how this investment in people drive new revenue through your door. My goal is to coach and provide training that is enjoyable, realistic, and practical, concluding with a 'return on investment'.

My experience comes from a working career spanning three decades in Aviation, beginning with an engineering background, then progressing to management roles in HRM / Training & Development, and now to corporate coach and trainer. With a unique casual style of facilitating, my focus is to discover WHY we perform an action, instead of just HOW. This style of training will provide you with confidence through understanding rather than just knowing how to perform an action. It will allow you to think outside the box!

CONTACT US TODAY – 0423 59 77 44