

# HLTAID001 – PROVIDE CARDIOPULMONARY RESUSCITATION (CPR TRAINING) – 2 HOURS

This course is available for onsite training anywhere in Brisbane, Springwood, Logan, Gold Coast, Redlands, Browns Plains, Hemmant

**\$60.00 per person (Public course delivered @ SPRINGWOOD)**

**Alibi Training Head Office / Training Facility**  
**8 Dennis Road, Springwood QLD 4123**  
**Call us Today: 0423 597 744**

### Course Suitability:



CPR training is for everyone! We should all know how to save a life. This **CPR Training Course (HLTAID001 – Provide CPR)**, applies to all workers who may be required to provide CPR, in a range of situations, including community and workplace settings. Specific licensing / regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant

national/state/territory Work Health and Safety Regulatory Authorities. This 'Unit of Competency' is **NATIONALLY RECOGNISED**.

This course is also a requirement for electricians to maintain licensing compliance and compulsory with an **Electrical License Renewal** application.

This unit of competency describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines.

### PHYSICAL REQUIREMENTS:

**As of November 2015, to successfully complete this unit of competency, the following performance evidence is mandatory:**

- 1. The candidate must perform at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor.**
- 2. The candidate must perform at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface.**

### Public Course Duration:

Alibi Training Australia (ATA) decisions about the duration of the delivery of each 'Unit of Competency' take into account the candidate's likelihood of successfully achieving the learning outcomes and ensures that the integrity of the qualification outcomes is maintained. ATA recognises that time-based approaches are imperfect measures of the quality of learning; however, there is evidence that the amount of time spent on a course can provide an indication of the quality of the course. National Centre for Vocational Education Research (NCVER), has Nationally Recognised nominal hours for 'Units of Competencies', ATA regularly advertises and delivers courses within less hours, based on the following:

- Although breaks are scheduled into the training, when they are taken, and the length is dependent on the clients attending the course.



- Many candidates must update CPR annually (Industry Requirements) and therefore only require refresher training, additionally in accordance with Australian Resuscitation guidelines First Aid qualifications should be re-certified every 3 years, therefore refresher training is required
- Alibi Training has enough training resources for all candidates to deliver performance evidence without sharing training resources.
- Our purpose-built training rooms offer natural lighting, air-conditioning and comfortable seating, creating an optimum learning environment.
- Alibi Training limits the number of class sizes to ensure individual candidates receive the expected training and achieve learning outcomes.

### Public Course Locations & Cost:

Our public CPR Courses take place throughout the year in Brisbane, Gold Coast and Logan. Most courses are scheduled for delivery at **Alibi Training Head Office – 8 Dennis Road, Springwood QLD 4123**

- \$60.00 / person for Public Course delivered at SPRINGWOOD.
- **Day, Evening & Weekend Classes Available (See our Training Schedule / Book Online)**

### How to enrol:

There are two (2) simple methods to enrol with Alibi Training:

- Book & Pay via the website using the Online Calendar
- Phone Alibi Training on 0423 597 744

Additional information is available by downloading the following documents from our website or phoning 0423 597744.:

1. Students Handbook
2. Course Information
3. Cancellation and Fee Refund Policy
4. Appeals Procedure

### For On-site Training:

Tell us your location and the number of participants, and we will provide you with a written quote to deliver this course in-house.

- For on-site training minimum numbers / cost apply
- Cost provided is inclusive of all resources / materials and GST
- All conference facilities, equipment, travel, food and accommodation are the financial responsibility of the client
- Course start and finish times are flexible for in-house training – just ask!

### What will you learn?

- Identify hazards to health and safety of self and others
- Minimise immediate risk to health and safety of self, casualty and others by isolating any hazard(s)
- Approach the casualty in a calm, culturally aware, sensitive and respectful manner
- Assess vital signs of casualty
- Recognise the need for CPR
- Perform CPR in line with ARC Guidelines
- Seek assistance from others and/or ambulance support as appropriate
- Request ambulance support or appropriate medical assistance and/or ambulance support using available means of communication

- Accurately convey details of casualty's condition and CPR procedures performed to emergency services/relieving personnel
- Calmly provide information to reassure casualty, adopting a communication style to match the casualty's level of consciousness
- Provide reports, where applicable, in a timely manner, presenting all relevant facts relating to performing CPR according to established procedures

### Pre-requisites:

- There are no entry requirements for this qualification; however, it is recommended that students have enough Language, Literacy & Numeracy (LLN) skills to successfully complete the required theory & practical assessment process.
- Participants must be over 14 years of age or have written parental/guardian consent to attend.

### Assessment Method & Award Issued:

Participants who satisfactorily demonstrate competency in both our theory and practical assessments will receive a **Statement of Attainment – 'Provide Cardiopulmonary Resuscitation – Unit Code HLTAID001'**, that is **normally valid for one (1) year** in line with ARC guidelines. This course relates to the Health Training Package.



### About Us:



Alibi Training Australia are recognised training specialists for businesses needing professional employee development training. Unlike other training organisations Alibi Training provides focused delivery methods combined with progressive assessment and practical interaction, reducing the amount of time your staff is away from their roles.

Hi, my name is Paul Milne, as director and owner of Alibi Training Australia, I recognise and understand the power of motivated and well-trained staff to a business, and how this investment in people drive new revenue through your door. My goal is to coach and provide training that is enjoyable, realistic and practical, concluding with a 'return on investment'.

My experience comes from a working career spanning three decades in Aviation, beginning with an engineering background, then progressing to management roles in HRM / Training & Development, and now to corporate coach and trainer. With a unique casual style of facilitating, my focus is to discover WHY we perform an action, instead of just HOW. This style of training will provide you with confidence through understanding rather than just knowing how to perform an action. It will allow you to think outside the box!

## CONTACT US TODAY – 0423 59 77 44